

TABOR

OPENING THE DOOR TO SPIRITUAL DIRECTION

Explore being formed as a spiritual director

INFORMATION NIGHT

Thursday, 24 October 2019

7:30pm – 9:00pm | Tabor (Room 2)

181 Goodwood Road MILLSWOOD 5064

Please RSVP Monday, 21 October

Michelle Ellis

mellis@adelaide.tabor.edu.au

For more information call:


(08) 8373 8777

What is SPIRITUAL DIRECTION?

“Spiritual direction is a relationship that allows one to assist another in discerning God’s activity and presence in his or her life. This relationship assumes that we all need help to listen to God and live out his call. In the busyness of everyday life we can become blind and deaf to the river of life that flows in and around us all. A spiritual director listens with one ear to God and the other to the directee, always encouraging the directee to recognise where God can be found throughout the journey.

At its core, spiritual direction attends to the faithfulness and initiative of God. The Holy Spirit is really the Director of the time together as both people pay attention to God’s movements and call.”

(Adele Ahlberg Calhoun.
*Spiritual Disciplines
Handbook: Practices that
Transform Us* [Revised and
Expanded edition]. Downers
Grove, Illinois: InterVarsity
Press, 2015, 133.)



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